



Corporate Catering & Buffet
Specialists

A Little About Us.....

Frank's Express was established in 1980. We are Italian and passionate about food. Over the last 3 decades Frank’s Express has grown from a chain of small local cafes into one of London's most reliable and trusted caterers, serving some of the cities biggest companies all the way from Heathrow to the East End and the heart of the city. As well as providing an exceptional corporate catering service we also specialise in canteen management.

"At Frank’s we specialise in corporate catering for training events, office meetings and all your office catering needs."

We believe that quality is paramount and to achieve this only the best ingredients are sourced and where possible we use local produce to reduce our carbon impact.

We are extremely proud of our extensive and varied menus and are happy to discuss and cater to any bespoke menus or additional requirements that you may have.

Relax and let Frank's take the stress and complication out of organizing the catering for your event no matter the size. Speak to one of our sales team and receive the full personalized service that every catering event requires.

Rest assured that every requirement, whether it be breakfast, a cold fork lunch or a hot buffet will be of the highest quality and presentation and will arrive on time, all the time.

"Our food is freshly made on the day of your order and delivered in one of our fully refrigerated vans to ensure that quality and freshness is not compromised."

As a company we have 3 key objectives:

- To provide the highest quality product possible.
- To deliver a service that is unrivalled in our field.
- To be able to cater fully for both company and individual needs.

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Breakfast Menu's

Breakfast Menu 1

- A mixture of Hot Rolls Including (1pp):
- Bacon & Egg
- Bacon & Sausage **£4.50**
- Sausage & Egg
- Freshly Baked Assorted Cocktail Pastries (2 pp)

Breakfast Menu 2

- Smoked Salmon & Cream Cheese Bagel
- Cream Cheese & Cucumber Bagel **£4.50**
- Freshly Baked Assorted Cocktail Pastries (2pp)
(1 bagel pp)

Breakfast Menu 3

- Cheese & Ham Croissant
- Cheese & Tomato Croissant **£4.50**
- Seasonal Fresh Fruit platter
(1 croissant pp)

Breakfast Menu 4

- Hot Bacon Baguettes (1pp)
- Freshly Baked Assorted Cocktail Pastries (2pp) **£6.50**
- Fresh Fruit Skewers (2pp)

Breakfast Menu 5

- Platter of Cold Cut Meats, Cheese and sliced Tomato.
- Freshly Baked Baguettes
- Freshly Baked Assorted Cocktail Pastries **£8.50**
- Platter of Freshly Cut Exotic Fruit
- Greek Yoghurt With Fruit Compote

English & Continental Breakfast Items

Assorted Hot Baguettes

An assortment of freshly baked Petit Pain filled with:

- Egg & Bacon
- Egg & Sausage **£2.20**
- Bacon & Sausage
- Served with Tomato Ketchup & Brown Sauce sachets.

Filled Croissants

An assortment of freshly baked savoury croissants.

- Ham & Cheese **£2.20**
- Cheese & Tomato

Cocktail Pastries

An assortment of freshly baked plain & chocolate croissants, mixed Danish pastries and pain aux raisins.

- 2 items per person **£2.20**

Breakfast Pastries & Muffins

A variety of individual freshly baked pastries.

- Plain Croissant **£1.30**
- Chocolate Croissant
- Danish Pastries
- Pain aux Raisin
- American Muffins
- 1 item per person

Butter & Jam

A great addition to freshly baked croissants **£0.30**

Breakfast Platters

Breakfast Baguette Platter

- 2 x Bacon & Egg
- 2 x Sausage & Egg
- 2 x Sausage & Bacon
- Served with ketchup & brown sauce sachets

£19.80

Serves 5-6 people

Bacon Sandwich Platter

- 6 x Smoked Back Bacon on Thick Sliced White
- Served with ketchup & brown sauce sachets

£18.50

Serves 4-5 people

Savoury Croissant Platter

- 3 x Gammon Ham & Cheddar Cheese
- 3 x Cheddar Cheese & Tomato

£15.00

Serves 4-5 people

Additional Breakfast Items

Greek Yoghurt

Fresh low fat Greek yoghurt topped with a choice of either blackcurrant or apricot fruit compote.

£2.50

Summer Fruit Yoghurt

Fresh low fat Greek yoghurt topped with cut summer fruits and a sprinkle of granola.

£3.00

Tropicana Premium Fresh Juices

A number of flavours of freshly squeezed Tropicana premium juices:

- Original with juicy bits, Original Smooth, Apple passion fruit and pear, Peach mango and papaya, Multivitamin.
- **330ml bottle**

£2.00

Freshly Cut Fruit

A beautifully presented platter of freshly cut fruit:

- Pineapple, Melon, Kiwi, Orange and Strawberry decorated with mint.

£2.60

Fresh Fruit Salad

An assortment of the finest seasonal and tropical fruits served individually.

£2.50

Sandwich Platter's

Boardroom Platter

- 2 x Smoked Salmon & Cream Cheese
- 2 x Gammon Ham Tomato & mustard
- 2 x Chicken Bacon & Avocado
- 2 x Brie roasted Peppers & Basil

One Platter Serves 5-6 People

£21.60

Vegetarian platter

- 2 x Cream cheese & cucumber
- 2 x Avocado grilled peppers & lettuce
- 2 x Houmous lettuce tomato & cucumber
- 2 x Egg mayonnaise & cress

One Platter Serves 5-6 People

£20.30

Countryside Platter

- 2 x Cheese Salad & Pickle
- 2 x Roast Beef Tomato & Horseradish
- 2 x Chicken Pesto & Sundried Tomato
- 2 x Tuna fish & Cucumber

One Platter Serves 5-6 People

£21.60

Frank's Italian Platter

- 2 x Parma Ham Mozzarella Tomato & Basil
- 2 x Tuna Egg & Grilled Peppers
- 2 x Italian Salami & Swiss Cheese
- 2 x Gorgonzola Cheese & Grapes

One Platter Serves 5-6 People

£22.40

Speciality Bread Platter's

Ciabatta Platter

- 1x Parma ham mozzarella tomato basil & sundried tomato
 - 1x Gammon ham brie cheese peppers & basil
 - 1x Chicken bacon & avocado
 - 1x Bacon lettuce tomato with mayonnaise **£25.50**
 - 1x Gorgonzola cheese rocket & caramelized onions
 - 1x Egg mayonnaise with fresh spinach & roasted peppers
- One Platter Serves 5-6 People**

Focaccia Platter

- 1x Smoked cured ham, Swiss cheese & mushroom
 - 1x Parma ham, mozzarella basil & tomato
 - 1x Italian salami, cheddar cheese & tomato
 - 1x Chicken pesto & sundried tomato **£25.50**
 - 1x Mozzarella Tricolore
 - 1x Avocado, grilled vegetables, rocket & sundried tomato
- One Platter Serves 5-6 People**

Bagel Platter

- 2 x Smoked Salmon & Cream Cheese
 - 1 x Pastrami, Swiss Cheese, Gherkins, Honey & mustard dressing
 - 2 x Mozzarella, Basil & Sundried Tomato **£19.20**
 - 1 x Chicken, Salad & Mayonnaise
- One Platter Serves 4-5 People**

Baguette Platter

- 1x Roast Chicken & Salad
 - 1x Gammon Ham & Cheese
 - 1x Roast Beef, Tomato & Horseradish **£19.80**
 - 1x Prawn Cocktail & Lettuce
 - 1x Red Leicester Salad & Pickle
 - 1x Avocado, Roasted Peppers & Salad
- One Platter Serves 5-6 People**

Speciality Bread Platter's

Wraps Platter

- 1x Tuna, Sweetcorn & Salad
- 1x Chicken Pesto, Sundried Tomato & Salad
- 1x Smoked Salmon, Cream Cheese & Cucumber
- 1x Cajun Chicken & Red Peppers
- 1x Spicy Bean & Salad
- 1x Houmus Grilled Vegetables & Salad

One Platter Serves 5-6 People

£19.80

Assorted Cocktail Rolls Platter

- 3x Parma Ham, Mozzarella, Basil & Tomato
- 3x Chicken, Bacon & Avocado
- 3x Tuna & Cucumber
- 3x Feta Cheese Salad

One Platter Serves 5-6 People

£18.00

Mini Bagel Platter

- 2 x Smoked Salmon & Cream Cheese
- 2 x Pastrami Swiss Cheese & Gherkin
- 2 x Ham & Cheese
- 2 x Gorgonzola Cheese Rocket & Red onion marmalade
- 2 x Cream Cheese & Cucumber

One Platter Serves 5-6 People

£19.00

Finger Buffet Menu's

Menu's at £6.50

Menu 1

- Selection of Sandwiches
- (1 ½ rounds pp)
- Crisps & Tortilla Chips
- Seasonal Fruit Platter

Menu 2

- Selection of Baguettes
- (1pp)
- Assorted vegetarian Quiche
- Sausage Rolls

Menu 3

- Assorted Sandwiches & Baguettes
- (1 Sandwich & ½ Baguette pp)
- Vegetarian Pizza Slices
- Breaded Chicken Goujons

Menu's at £8.00

Menu 1:

- Filled Continental Bread
- Butterfly Prawns & Sweet Chilli Dip
- Spicy Chicken Wings
- Crisps & Tortilla Chips

Menu 2:

- Assorted Sandwiches
- Spicy Meatballs with Salsa Piccante
- Assorted Vegetarian Indian Savouries
- Seasonal Fruit Platter

Menu 3:

- Assorted Sandwiches & Wraps
- Oriental King Prawns
- Assorted Vegetarian Quiche
- Breaded Chicken Goujons

Menu's at £9.50

Menu 1:

- Assorted Focaccias & Sandwiches
- A Variety of Vegetarian Indian Savouries
- Marinated Chicken Skewers
- Butterfly King Prawns
- Assorted Cakes

Menu 2:

- Assorted Sandwiches & Wraps
- Mixed Thai Dim-Sum
- Breaded Chicken Goujons
- Oriental King Prawns
- Seasonal Fruit Platter

Menu 3:

- Assorted Sandwiches & Baguettes
- Spicy Meatball Kebabs
- Spinach & Feta Cheese Goujons
- Chicken Tikka Kebabs
- Cocktail Fruit Tartlets & Profiteroles

Menu's at £11.00

Menu 1:

- Assorted Sandwiches & Baguettes
- Smoked Salmon & Cream Cheese Tartlets
- Mixed Thai Dim-Sum
- Oriental King Prawns
- Breaded Chicken Goujons
- Fresh Fruit Skewers

Menu 2:

- Assorted Sandwiches & Wraps
- Mozzarella, Basil & Cherry Tomato Sticks
- Loaded Potato Skins Topped with Bacon & Cheese
- Chicken Tikka Kebabs
- Yellow Fin Sole Goujons
- Fruit Tartlets & Profiterole

Menu 3:

- Continental Breads with Assorted Fillings
- Spicy Chicken Wings
- Assorted Vegetarian Quiches
- A Variety of Vegetarian Indian Savouries
- Butterfly King Prawns
- Seasonal Fruit Platter

Menu's at £13.00

Menu 1:

- Filled Cocktail Rolls
- Italian Pasta Salad
- Parma Ham & Melon Platter
- Breaded Chicken Goujons & BBQ Sauce
- Butterfly King Prawns
- Mixed Thai Dim-Sum with Sweet Chilli Sauce
- Fresh Strawberry Cheese Cake

Menu 2:

- Assorted Sandwiches & Wraps
- Avocado & Roasted Pepper Salad
- Oriental King Prawns with Sweet Chilli Sauce
- Mozzarella, Basil & Cherry Tomato Sticks
- Marinated Chicken Kebabs
- Traditional Cheese Board with Grapes & Biscuits
- Tropical Fruit Kebabs

Menu's at £20.00

Executive Menu

- Prawn Cocktail on a Bed of Shredded Lettuce & Avocado Served in a bamboo boat.
- Parma Ham & Melon Platter
- Italian Pasta Salad with Roasted Vegetables, Pesto & Rocket
- Crispy Speck, Avocado & Parmesan Cheese Salad
- Assorted continental Bread & Butter
- Savoury Chicken Platter including: Marinated Chicken Skewers, Spicy Chicken Wings & Breaded Chicken Goujons.
- Fish Platter Including: Yellow Fin Sole Goujons, Garlic Lemon & Parsley Butterfly Tiger Prawns, Thai Fish Dim Sum
- Traditional Cheese Board with Grapes & Biscuits
- Fresh Fruit Cheese Cake

For this menu we can provide china plates cutlery & serviettes

Canapé Menu

Meat Canapés At £1.80

- Sausage Rolls
- Mixed Dim-sum (chicken, fish & veg) with Sweet Chilli
- Savoury Thai Selection
- Chicken Goujons with BBQ sauce
- Chicken Tikka Kebab
- CharGrilled Marinated Chicken on skewers
- Chicken Wings of Fire
- Meatball Kebab with spicy Arrabbiata sauce
- Chorizo & Chicken Kebab
- Cocktail Sausage Skewers with Chipotle Ketchup
-

Fish & Seafood Canapés At £1.80

- Breaded Butterfly Prawns
- Oriental King Prawns
- Prawn Purses
- Salmon bites in a lemon & dill crumb
- Breaded Sole goujons

Vegetarian Canapés At £1.80

- Paneer Cheese Skewers
- Mixed Indian Savouries (samosas, spring rolls & onion bhajis)
- Vegetarian Pizza
- Spinach & Feta Goujons
- Jalapeño Peppers stuffed with Cream Cheese
- Vegetarian Quiche
- Italian Arancini di riso
- Crudités with dips
- Bruschette with pesto, cherry tomato's and Mozzarella
- Mozzarella, Basil, Cherry Tomato & Olive on Stick

Luxury Canapés At £2.00

- Prawn, & Avocado Tartlets
- Smoked Salmon Tartlets
- Assorted Meat & Vegetarian Crostinis
- Houmous & Grilled Vegetable Tart (v)
- Prawn Cocktail & Avocado Boat

Canapé Platter's

Executive Combo Platter

£26.00

- 6 x Assorted Chinese dim-sum
- 6 x Marinated Chicken skewers
- 6 x Chicken wings of Fire
- 6 x Meat balls with arrabbiata sauce
- 6 x Oriental King Prawns
- 6 x Breaded Sole goujons

Frank's Special Combo Platter

£28.00

- 6 x Breaded Chicken Goujons
- 6 x Marinated Chicken Skewers
- 6 x Breaded Butterfly Prawns
- 6 x Salmon Bites in a Lemon & Dill Crumb
- 6 x Chinese Dim-sum
- 6 x Thai snacks selection
- 6 x Indian Vegetarian Savouries

Vegetarian Combo Platter

£23.50

- 6 x Feta & Spinach goujons
- 6 x Indian Vegetarian Savouries
- 6 x Vegetarian snacks parcels
- 6 x Pizza Triangles
- 6 x Thai Spring Rolls
- 6 x Stuffed Jalapeno peppers

Indian Platter

£28.00

- 6 x Vegetable Samosas
- 6 x Onion Bajhis
- 6 x Chicken Tikka Skewers
- 6 x Vegetarian Spring Rolls
- 6 x Paneer & Pepper Skewers
- 6 x Chicken Tikka Mini Naans

All Platters Serve 5-6 People

Canapé Platter's

Italian Platter

£27.00

- 6 x Marinated Chicken Skewers
- 6 x Vegetarian Pizza Slices
- 6 x Vegetarian Arrancini Balls
- 6 x Meatballs with Arrabiatta Sauce
- 6 x Parma Ham & Mozzarella Tricolore Skewers

Seafood Platter

£28.00

- 6 x Butterfly prawns
- 6 x Breaded Sole goujons
- 6 x Salmon bites in a lemon & dill crumb
- 6 x Prawn purses
- 6 x Garlic and parsley marinated King prawns

Butterfly King Prawn Platter

£19.50

18 x Butterfly Black Tiger Prawns marinated with garlic & parsley butter.

All Platters Serve 5-6 People

Cold Fork Menus

Menu A

- Succulent chicken breast pieces marinated in a sun-dried tomato & basil pesto.
- Avocado & Roasted Pepper Salad
- Mozzarella with sliced vine tomatoes, fresh basil & extra virgin olive oil . **£15.00**
- Crostini topped with Gorgonzola cheese, speck & sweet roasted red peppers.
- Italian Garlic & Parsley Tiger Prawns.
- Marinated Olives.
- Cut exotic fruit.

Menu B

- Hot smoked poached salmon on a bed of rocket & cucumber with mustard and dill sauce.
- Italian rice and brown lentil salad with fresh tomatoes and mint.
- Pieces of Chargrilled Marinated Chicken Breast
- Feta Cheese Salad **£15.00**
- Mini bagel Crostini topped with Parma Ham, Garlic Mushrooms & Shaved Parmesan.
- Roasted Vegetable & Parmesan Salad
- Fresh Strawberry Cheese Cake

Menu C

- Roasted chicken breasts topped with a Moroccan style lemon and chilli sauce.
- Fluffy cus-cus salad with roasted vegetables and parsley.
- Feta & sweet pepper savoury tartlets.
- Homemade chunky houmous with paprika and lemon juice. **£15.00**
- Toasted pita bread with tsatsiki.
- Grated carrot & sesame seeds salad with nuts and olive oil & lemon dressing.
- Fruit Tartlets with Creme patissiere.

Menu D

- Selection of roasted British meats with sliced crusty bread.
- Prawn cocktail on a bed of crisp shredded iceberg topped with avocado.
- Sweet onion marmalade with British cheeses and biscuits.
- Mixed salad with roasted vegetables and shaved parmesan cheese. **£15.00**
- Homemade coleslaw.
- Chunky potato wedges with thyme and sea salt.
- Carrot Cake

Antipasto Platter's

Antipasto All'Italiana

The classic Italian Antipasto consisting of:

- Thinly Sliced Parma Ham
- Thinly sliced Speck (Smoked Cured Ham)
- Napoli Salami **£28.50**
- Chunks of Parmesan Cheese
- An assortment of sundried tomatoes roasted artichokes & marinated olives
- Crusty bread
- **This platter serves 6 people**

Antipasto alla Contadina

- Sliced Italian gammon ham
- Mortadella
- Chorizo Salami
- Assorted Italian Cheeses **£27.50**
- Giardiniera Pickles
- Crusty bread

This platter serves 6 people

Parma Ham & Melon Platter

A platter of perfectly ripe sliced melon draped with the finest Parma Ham. **£26.50**

This platter serves 6 people

Ploughman's Platter

- Sliced Gammon Ham
- Mature Cheddar Cheese
- Sliced Tomato
- Branston Pickle **£27.20**
- Pickled Onions
- Crusty bread

This platter serves 6 people

Special Deal Menu's

Special Deal 1

£5.50 Per Person

A variety of sandwiches and savouries ideal for lunch-time meetings.

SANDWICH PLATTER (1 Sandwich PP):

- Cheddar Cheese and Red Onion
- Gammon Ham Tomato and Mustard
- Tuna and Cucumber
- Chicken, Salad and Mayonnaise
- Egg Mayonnaise and Cress
- Bacon Lettuce Tomato and Mayonnaise

SAVOURY PLATTER (1 Item PP):

- Samosa
- Spring Roll
- Onion Bhaji
- Sausage Rolls
- Spicy Chicken Wings

Special Deal 2

£6.00 Per Person

A variety of sandwiches and savouries ideal for lunch-time meetings.

SANDWICH PLATTER (1 Sandwich PP):

- Cheese & Pickle
- Houmous, Roasted Vegetables & Iceberg
- Tuna & Sweetcorn
- Chicken, Pesto & Sundried Tomato
- Bacon, Lettuce & Tomato
- Gammon Ham & Cheddar

SAVOURY PLATTER (1 Item PP):

- Chicken Goujons
- Meatball Kebab with Arrabiatta Sauce
- Spinach & Feta Goujons
- Sausage Rolls

Plus a Platter of Assorted Cakes

Salad Bowl Menu's

Greek Salad

Feta cheese, Houmous, olive, tomatoes, roasted peppers, cucumber, red onion & mixed leaves

£19.50

Mozzarella Tricolore

Mozzarella Bocconcini with mixed leaves cherry tomatoes, olives, avocado, fresh basil & olive oil dressing

£17.50

Grilled Vegetables Parmigiana

Green salad topped with shaved Parmesan cheese, mixed grilled vegetables & rocket

£17.50

Chicken Caesar Salad

Sliced chicken breast with Parmesan cheese, croutons, cos or similar salad and Caesar dressing.

£19.50

Tuna Nicosie Salad

Tuna fish in oil with boiled egg, sweet corn, tomatoes, capers, mixed leaves & vinaigrette dressing.

£19.50

Roasted Peppers & Avocado

Mixed salad topped with roasted peppers, avocado, tomatoes and cucumber with Italian vinaigrette dressing.

£17.50

New Potato Salad

Boiled new potatoes with spring onions, mayonnaise & parsley

£14.50

Hot Buffet Menu's

Traditional Homemade Italian Lasagne

£8.00 Per Person

Beef lasagne with tomato, béchamel sauce & parmesan cheese.

- Served with Side Salad & Rustic Bread

Spicy Meat Ball Pasta with salsa All'arrabbiata

£6.00 Per Person

Slow cooked meatballs in a rich tomato, chilli and garlic sauce.

Slow Cooked Traditional Spicy Sausage Pasta

£6.00 Per Person

Made with the traditional Luganega sausage cooked in a red wine and spicy tomato sauce.

Fagioli Con Salsicce e Patate

£9.50 Per Person

A traditional Venetian Winter dish made with bortlotti beans, Italian sausages, cuts of Parma ham and potatoes. Slowly cooked together to create a warming and hearty dish.

- Served with a Side Salad & Rustic Bread

Rigatoni alla' Bolognese

£6.00 Per Person

Rigatoni pasta with a the traditional slow cooked Bolognese sauce.

Hot Buffet Menu's

Ricotta Cheese and Spinach Lasagne (V)

£8.00 Per Person

Ricotta cheese & spinach Lasagne with béchamel sauce & parmesan cheese.

- Served with Side Salad & Rustic Bread

Baked Pasta Alle Verdure (V)

£8.00 Per Person

Baked pasta with a creamy tomato sauce, a mixture of melting cheeses, roasted vegetables, fresh basil and topped with grated parmesan.

- Served with a Side Salad & Rustic Bread

Frankies Tortelloni (V)

£8.00 Per Person

A beautiful vegetarian dish made up of pasta filled with a blend of four Italian Cheeses and covered in a creamy tomato and basil sauce with melted Gorgonzola cheese.

- Served with a Side Salad & Rustic Bread

Penne all' arrabiatta (V)

£6.00 Per Person

Simple but tasty Roman pasta dish. A combination of Chilli, garlic and tomato that has worked for centuries.

Please Note:

Our hot buffet menus are subject to change depending on the seasonal availability of some products. For the most up to date menu please check online.

Cake Platters:

Assorted cakes

£1.80 Per Person

Variety of finger cakes, chocolate caramel, brownie etc.

2 Pieces Per Person

Reception Pastries

£1.90 Per Person

Combination of fruit tartlets with crème pâtissière & profiteroles

2 Items Per Person

Portuguese Nata

Classic Portuguese custard tarts.

£1.50 Each

Cheese Platters:

Cheese Board Grapes & Biscuits

£3.40 Per Person

Combination of English and European cheeses with grapes & assorted biscuits

Crudities & cheese Platter

£3.40 Per Person

Combination of English and European cheeses served with crudities & dips

Large Cake Menu

Black Cherry Cheese Cake	£23.50
Strawberry Cheese Cake	£23.50
Fresh Fruit Cheese Cake	£24.50
Fresh Strawberry Cheese Cake	£24.50
Alabama Chocolate Fudge Cake	£22.50
Cappuccino Torte	£23.50
Carrot Cake	£22.50
Tiramisu	£23.50
Bramley Apple Pie	£17.50
American Apple & Cinnamon Cake	£19.50
Hazelnut Gateau	£23.50
Sticky Toffee Apple Cake	£23.50

Drinks & Nibbles

Drinks:

Soft Drinks (330ml) £0.80

Sparkling Mineral Water 0.5 lt £0.80

Still Mineral Water 0.5 lt. £0.80

Sparkling Mineral Water 1.5lt £1.60

Still Mineral Water 1.5lt. £1.60

Apple Juice 1 lt Carton £2.50

Apple Juice 1 lt Carton £2.50

Orange Juice 1 lt Carton £2.50

Cranberry Juice 1 lt Carton £2.60

Tropicana Fresh Juices 330ml bottle £2.00

San Pellegrino 330ml £1.20

Santal Italian Fruit Juices 1lt Carton £2.80

Nibbles:

Tortilla Chips £0.70

Crisps £0.70

Assorted Crisps & Tortillas £0.70

Contact Details

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Join us on Facebook, just search Franks Express.

Please note:

Our menu changes subject to ingredient availability, the seasons and changing tastes. For the most up to date and informed menu please visit our website.

For information regarding any allergy advice or specific dietary requirements please call Renato, found under general enquiries.

A copy of our terms and conditions can be sent by e-mail at your request.